



Big Leaf Foundation

Helping displaced young people belong and grow

HOW TO WEAR A FABRIC MASK SAFELY

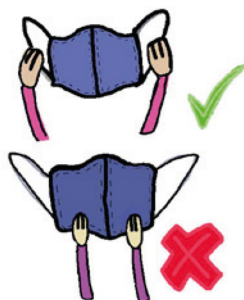
COVID-19 ADVICE & GUIDANCE | ENGLISH

This information has been adapted from World Health Organisation advice which can be found at www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public

HANDLING YOUR MASK



Wash your hands before and after touching your mask.



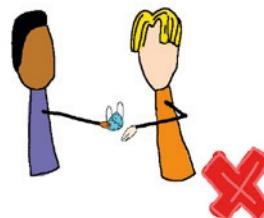
Always handle your mask by the straps.



Store your mask in a clean and sealed plastic bag.



Wash your mask in hot water a soap once a day.

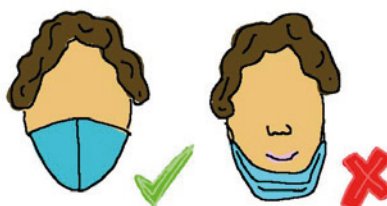


Do not share your mask with others.

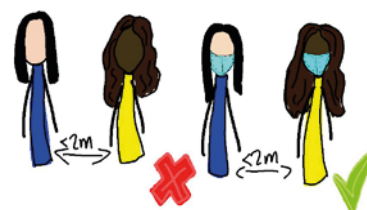
WEARING YOUR MASK



Make sure your mask is tight enough so there are no gaps around the side.



Always cover both your nose and your mouth.



Do not take your mask off if you are within 2m of other people.



Do not wear a dirty or wet mask.