



**Big Leaf Foundation**  
Helping displaced young people belong and grow

## COVID-19 update | TIGRINYA

4 January 2021

4 ጥሪ 2021

This is the latest statement from the uk government

እዚ ሓድሽ መምርሒ ካብ መንግስቲ ኢንግሊዝ እዩ

Stay at home.

ካብ ገዛ ኣይትውግእ

You may only leave your house to buy food or medicine.

ካብ ገዛ ክትወጽእ እንተ ኾንካ መግብን መድሃኒትን ክትገዝእ ምስ እትደሊ ጥረይ ዩ ዝፍቀደካ.

You may go out for exercise, once a day.

ናይ ምንቅስቓስ ኣካላት ክትገብር ሓንሳብ ኣብ መዓልቲ ደገ ምውጻእ ይፍቀድ እዩ.

Keep at least 2 meters away from any other person.

ካብ ካለኦት ናይ 2 ሜትሮ ኩሉ ጊዜ ርሕቀትካ ሓሉ.

Do not meet family or friends who you do not live with.

ምሳኻ ምስ ዘይነብር ካብ ፋሚሊኻ ይኹን ካብ የዕሩክትካ ክትራኹብ ኣይፍቀደካን እዩ.

No public gathering of more than two people.

ካብ 2 ንለዕሊ ምርካብ ኣይፍቀድን.

Police can now fine you if you do not follow the rules.

ነዚኦም ዝተባህሉ ሕግታት እንተ ዘይ ተኸቲልካ ፖሊስ ክቀጽዓካ ይኸእል እዩ.

Stay home and stay safe.

ካብ ገዛ ኣይትውጻእ ህላውነትካ ክተውሕስ.